



Practical guide 'TRANSPORT'

Environmentally friendly transport

Updated: 22/04/2024

Overview:

During the Games, giving priority to environmentally friendly means of transport, in particular cycling and walking, meets the dual objective of being sustainable and avoiding congestion on public transport services. Considerable efforts have been made to facilitate the use of environmentally friendly forms of transport, with the development of cycle paths (100% of competition venues are accessible by bike), and an increase in the number of bike parking places and bike hire facilities - a valuable legacy for a more sustainable city.

1- What are the alternatives to using public transport?

During the period of the Olympic and Paralympic Games, several measures will be put in place to encourage people to think differently about how they travel!

It is advisable users adapt their routes and calculate their itinerary by using the means of transport best suited to the circumstances, or even by combining several means of transport for getting around: on foot, by bike or by public transport.

- **Walking** is still the most reliable way of ensuring journey times over reasonable distances. Today, 48% of journeys made by Paris metropolitan area residents are made on foot.

On average, a 2-kilometre outward or return journey is equivalent to a 30-minute walk.

- **Cycling** is also an option to consider for individual or group travel. Paris has over 400km of cycle paths. Vélib' (21,000 bikes), free-floating operators (30,000) and Parisian bike rental companies (5,400+ bikes) will increase their offer and parking spaces will be added.

On average, 30 minutes of cycling a day corresponds to 7.5 kilometers by 'mechanical' bike or 8.5 kilometers by electric bike.

2- 100% cyclable Games?

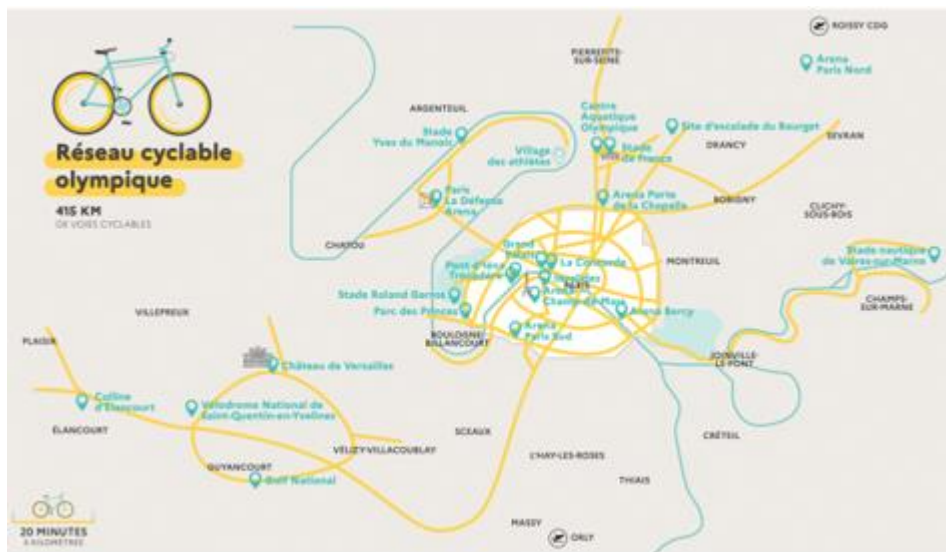
Cycling is greatly encouraged in Paris, and even more so during the Olympic and Paralympic Games. Unlike motorized vehicles, bikes will be able to circulate everywhere, including in the red perimeter zones (See our practical guide on security perimeters).

Infrastructures:

All the competition venues in the Paris region (except for the North Paris Arena) will be accessible via a secure cyclable network of more than 400 km, including 60 km of Olympic lanes in Paris that will connect the various Parisian competition venues. These lanes will be flying the colours of the Paris 2024 Games.

Where to park your bike during the event?

20,000 parking places for bikes (10,000 in Paris and 10,000 in the Paris region) in secure bike parks with the presence of personnel, as well as tens of thousands of already existing cycle hoops on public roads.



3- How to get hold of a bike in Paris?

Vélib' provides self-hire bikes throughout the capital. 3,000 additional Vélib' bikes will be available to meet demand. There will be a total of around 21,000 bikes.

The 3 free-floating bike operators (Lime, Dott, Tier) will also be offering 30,000 bikes for hire.

Finally, Parisian bike hire companies will be offering more than 5,400 bikes for hire this summer.

4- Is it possible to get to the competition venues on foot?

Many of the competition venues are in the centre of Paris, not far from each other. You can easily get to them on foot and enjoy strolling through the streets of Paris along the way.

Our tips and info for getting around:

→ **On foot** from the Concorde venue (a central point in Paris):

Grand Palais: 10 min

Eiffel Tower: 30 min
Invalides: 10 min
Hôtel de Ville (Paris City Hall): 35 min

→ **By bike**, from the Concorde venue:

Stade Roland-Garros: 30 min
South Paris Arena: 25 min
Porte de la Chapelle: 30 min
Stade de France: 40 min

Resources to keep you up to date:



The website [Planning ahead for the Games](#) (in French), information and advice to anticipate travel during the period of the Games.



Ville de Paris:

[FAQ](#) (in French) and newsletter [Paris info Games 2024](#) (in French) to sign up for and receive personalized information before and during the Games.



Paris je t'aime - Tourist Office:

Information on the Games for tourist trade professionals: [Olympic and Paralympic Games resources centre](#) (in French) To guide your customers: [My.parisjetaime.com.handicap](#), (in English) a map with geolocation to guide users via itineraries, identify points of interest around them, etc.